



TERM 2 TRAINING TIMES

Monday: 7.30 to 8.30pm - Seniors
8.30 to 9.30pm - Masters

Wednesday: 6.30 to 7.30am - U16/U18 (old dive)

Thursday: 3.45 to 5.00pm - U12/U14
5.00 to 6.00pm - U16/U18 girls
6.00 to 7.00pm - U16/U18 boys

Sunday: 11.30am to 12.30pm - U12
12.30 to 2.00pm - Skill session
4.30 to 5.30pm - U14
5.30 to 6.30pm - U16/U18 boys
6.30 to 7.30pm - U16/U18 girls
7.30 to 8.30pm - Seniors



TERM 3 TRAINING TIME - TBC

Monday: 6.30 to 7.30am - TBC training (old dive)
7.30 to 8.30pm - U16/U18
8.30 to 9.30pm - Masters

Wednesday: 6.30 to 7.30pm - U16/U18 (old dive)

Thursday: 3.45 to 5.00pm - U12/U14
5.00 to 6.00pm - U16/U18 girls
6.00 to 7.00pm - U16/U18 boys

Sunday: 11.30am to 12.30pm - U12
12.30 to 2.00pm - Skill session
4.30 to 5.30pm - U14
5.30 to 8.30pm - Training/league games